



**APPALACHIAN COMMUNITY**  
Visiting Nurse Association,  
Hospice and Health Services, Inc.

**ACVNAHHS**

# Horizons

Spring 2006  
Volume 14, Issue 4

30 Herrold Avenue • Athens, OH 45701

*Serving the health care needs of our Appalachian community for 24 years!*

## *Hospice, a House of Rest for Travelers*

**“Hospice, as you may not know, is truly for the living.  
They are constantly involved in giving, giving, giving.  
They are compassionate.  
They are capable, and they are skilled.”**

*Kathleen Smith, hospice client*

Hospice client Kathleen Smith always thought hospice was just a place to go to die. As she approaches the end of her life, she realizes she must talk with her daughters about her impending death, but it is in her daily living that the hospice team brings care, comfort and support. Hospice team members like her aide Judy McClain encourage Kathleen to tell stories of her life, her husband and their children. “Judy says it would have been fun if we had met early on in my life, when we could have become good friends and gone golfing together. But, for now, we are able to share golfing stories and jokes,” Kathleen remarks.

The wife of the late Vere Smith, Kathleen Shannon Smith was the granddaughter of an Irish laborer who came to Athens to lay rails for the Baltimore & Ohio railroad. Her father worked with the early telegraph system, and the family lived in New Marshfield. After they moved to Athens, her mother insured that childhood friendships were kept. “My friends are very important to me, though many of them are gone now,” Kathleen said. “My belief in love

and peace has evolved with age, but these beliefs are my earliest instruction from my father and still most important to me. My daughter recently told me that she will always remember our life together in terms of home, camping and love of outdoors, and hospitality. That struck a chord with me, as hospice and hospitality come from the same source.”

Kathleen's husband Vere Smith used his acquired expertise in technology from the Navy during WWII to build the first audio/visual business of its kind in Athens, a business that lasted over 50 years. “Dad was really an entrepreneur,” comments daughter Marie. “He won many national awards for his vision. He was always ahead of his time and provided lasting instruction and training to students and others in the community.” The couple worked hard to build a successful business and give something back to Athens, where they developed many good friendships over the years. Kathleen considers one of their greatest assets the admiration, enjoyment and tenderness of feeling they held for Ohio University and other local students, many of whom she hired and trained in the early years to work at Vere Smith's business. In the past, so many people had to travel to Columbus for their health care, so she felt that the

*(continued on page 3)*



Kathleen and Vere Smith enjoy the Athens hills with grandchildren Chris, Jenny and Kevin.



Granddaughter Jenny and client Kathleen Smith vacation on a Hawaii beach.

**Board of Trustees**

Dr. David Stroh, Chairman  
 Donald Barrett, Vice Chairman  
 Joanne Bray, Secretary  
 R. Budd Werner, Treasurer  
 Marnie Frey, President/CEO  
 Nicolette Dioguardi  
 Doree Ireton  
 Gina Pellegrino-Pines  
 Tom Reid  
 Ron Strickmaker  
 Lynne Woods

**Advisory Council**

Mike Turner, Chairman  
 Barbara Pfeiffer, MPH, RN  
 David Stroh, DO, Medical Director  
 Alice Hawthorne, LSW, Secretary  
 Mary Helen Graham, LSW  
 Kathy Guinther  
 Emily Householder, MSW, ACSW  
 Peggy Irwin, LSW  
 Judy Moffitt, BSN, RN  
 Averell Overby, DPH, PT  
 Ann Rathbun, PhD  
 Sandra Shirey



**APPALACHIAN COMMUNITY  
 VISITING NURSE ASSOCIATION,  
 HOSPICE AND HEALTH SERVICES, INC.**

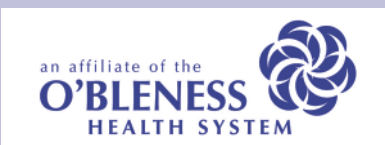
**MISSION STATEMENT**

We are Southeastern Ohio's primary source for quality home care, striving to identify and fulfill the healthcare needs of our Appalachian community.

**ACVNAHHS photography  
 by B&B Studios**

*Horizons* is published three times a year by Appalachian Community Visiting Nurse Association, Hospice and Health Services, Inc. *Horizons* is intended to provide information on general health issues in today's health care setting. For more information, or to report an address change, please contact us at 30 Herrold Avenue, Athens, OH 45701; telephone 740-594-8226.

[www.acvna.org](http://www.acvna.org)



# Retired Professional Women Co-Chair 2006 Fund Drive!!

2006 Fund Drive Co-Chairs (from left to right) Mary Anne Swardson, Peg Black and Mary Helen Graham.



Mary Helen Graham, Mary Anne Swardson and Peg Black did not know one another when they all arrived in Athens in the mid-1950s, but each of them found a niche here for the development of their professional and personal lives. Each was able to make her own statement and become well-respected for her contributions to the community. Each has a generous history of volunteering.

Mary Helen Graham moved here from Columbus in 1955 with her husband and the first three of her six children to build a lumber business. After raising her family, she became Supervisor and Deputy Director of Athens County Children's Services, where she worked for 23 years until her retirement in 1991. Mary Helen served on various state boards, helped set up services for families with the Southeast Ohio Food Bank, is an active member of the Appalachian Community Visiting Nurse Advisory Council, and has been involved for over 15 years with Habitat for Humanity. After many years as a fund drive solicitor, she agreed to help co-chair this year's event. "When I call donors, I always remind them how lucky we are to have these home health services in our community, and

how often the agency struggles with federal and state reimbursement. Donors understand what a valuable asset this agency is," remarks Mary Helen.

Mary Anne Swardson arrived in Athens from Georgia, when her husband came to teach at Ohio University. After rearing three daughters, Mary Anne chose to return to school for her Ph.D. in Mathematics. Her friend Peg Black thinks that was a very challenging and courageous thing to do. Peg also arrived during the 1950s, with a background in Journalism. She became Director of Public Information at Ohio University for 29 years. She and her husband Sheppard, also an O.U. Emeriti, have a son living in Colorado and a daughter practicing law in Washington D.C. This is the first time both women have participated in the ACVNA drive, though both have supported home health services over the years.

"Many of us have known friends who used the services of visiting nurses or hospice," states Peg Black.

*(continued on page 7)*

## Schedule of Events for ACVNAHHS

- April 20** 2006 ACVNAHHS Fund Drive Kickoff
- May 5** Live from Studio B • National Mental Health Month • 12:30 p.m.
- June 2** Live from Studio B • Stand for Children • 12:30 p.m.
- July 7** Live from Studio B • Massage and Palliative Care • 12:30 p.m.

(continued from page 1) *Hospice, A Place of Rest for Travelers*

development of the Ohio University School of Medicine was a great moment. She was proud to be in the crowd the day that west green buildings, previously used as dormitories, were dedicated as the new medical school.

Kathleen Smith was given the philosophy of peace in nature by her parents and passed that along to her own children and grandchildren. She senses the beauty of nature in life and death and sees the comfort of hospice in much the same light. "Along with hospice comes love and joy and all the things that make life great," says Kathleen. "I really like the visiting nurse jingle that encourages us to 'feel a lot better'. I listen to it all the time and I want to tell the community to look into hospice as a comfort to one's life, not just at the end. I am so grateful for the care I receive, and am reminded of a poem from my childhood that may be attributed to Whitman: 'Go forth under the open sky and listen to nature's teachings.' Hospice care supports us in a natural, peaceful and comforting way."

Kathy Busbee, daughter of hospice client Fred Dresbach, agrees that hospice provides support to her and to her father in ways that cannot be imagined. Kathy has been able to make good use of the respite benefit of hospice care, enabling her to take time for herself for five-day periods. Respite is provided through Medicare, though many hospice family members do not use it. Kathy arrived on the scene and began living with her father at a time when he most needed help. Fred Dresbach was a mason and builder all his life, and a WWII veteran, who came to Athens from the Chillicothe area. With his children spread over central and southern Ohio, Fred needed the support of hospice staff during his illness.

Additionally, Fred is receiving other services from the hospice team. Registered nurse Tammy McGuire checks on Fred's condition three times each week, or more often as needed, while certified home care aides provide bathing and other personal care. McGuire is a Certified Hospice and Palliative Nurse, with CHPN certification since 2000. Hospice Social Worker, Tammy Hawk, visits frequently to monitor any emotional needs the

Nurse Tammy McGuire listens to client Fred Dresbach's breathing.



Dresbach and his daughter and caregiver Kathy Busbee

client or caregiver may have during this period of Fred's life. Hospice provides a volunteer as well who visits as needed for companionship and support.

It is most likely that the hospice volunteer shares Fred's stories about his fishing experiences, one of his most favorite activities. Fred is waiting for spring to arrive so he can fish again. "I like to catch bass in local ponds or any kind of fish in creeks and the river," says Dresbach. He points to several fish that are mounted on his wall. Suffering from lung problems, Fred has better days when he has eaten well. "If he eats well it seems to break the pattern of his illness," remarks daughter Kathy. "He went outside walking with the cat yesterday and did very well. I don't always know what to expect and could never do this caregiving without the help of the hospice team."

The dying process often affects the lives of caregivers and other family members in stressful ways, causing emotional or spiritual crisis. The hospice team works together to relieve physical symptoms and provide help throughout the process. Supportive spiritual resources for clients are available through the hospice team. Medical social workers provide outreach to other community services that may be needed by the client or family. Together, team members offer the highest quality of comfort care, and support a person's quality of life to the end. As hospice client Kathleen Smith says, "Hospice provides the things that make life great. Come see us, join us, don't hesitate."



## Harleyween Tickets Available Now!!

The annual Athens HOG Harleyween Poker Run is being held on October 21, with a chance to win a Harley 2007 Softail Standard motorcycle, valued at \$15,000. Current Chairman Athens HOG Charlie Adkins says that bike riders in the community are excited about winning. Net raffle proceeds are donated to Appalachian Community Hospice for care of the terminally ill, for a total of \$50,000 over the years. Tickets may be purchased for \$10.00 each from club members or at Athens Sports Cycles.



Contributions  
received  
December 1, 2005  
through  
March 15, 2006



*Thank You from Appalachian Community Visiting Nurse Association,  
Hospice and Health Services, Inc.*

We are grateful to the following persons and organizations for their generous contributions to the agency. We also thank several who chose to remain anonymous. We, and the clients we serve, appreciate the generosity of a caring community. If we have inadvertently omitted any donor, we apologize and request that you call 594-8226 to bring the omission to our attention.

David & Nancy Aiken  
American Legion 40 et 8,  
Voiture 775  
The Athens News  
Genevieve Baker  
Mr. & Mrs. Donald L. Barrett  
Douglas & Phyllis Baxter  
Nancy S. Beebe  
Francis S. & Suzanne F.  
Bellezza  
Amy & Mitch Bentley  
Lynne & Barry Bolin  
Anne Braxton  
Beverly C. Brooker  
Corrine Brown  
Herb & Mary Brown  
Carolyn S. Cade  
Anthony G. Chila  
Norman & Peg Cohn  
Zelma L. Coleman  
Ann M. Conkling  
Grafton Conliffe  
Robert & Hazel Cunningham  
David and Elaine V. Dabelko  
Jean Drevenstedt  
Mildred Elswick  
Family Works & Ginger Jolley  
Don & Mary Anne Flournoy  
Ann Fox  
Robert & Bonnie Frasch  
Christian S. Gerig  
David & Jeanne Heaton  
Elsie & Bob Helsel  
David Hendricker  
Bob & Gerry Hikida  
John & Suzanne Howell  
Bill & Meg Hummon  
Alice C. Johnson  
Joseph D. Jollick  
George & Julia Klare  
Mary J. Kline  
Leonard D. Kohn  
Margaret Kostival  
Samuel Kotts  
Sally Kozma  
Sonya Lucas  
Jeff & Sue McAdoo

Dorothea C. Mott  
Alice Pennell  
Rosie Perry  
The Plains United Methodist  
Women  
Carolyn Reed  
Judge & Mrs. Edward S. Robe  
Robin & Ronnie Russell  
Mr. & Mrs. T.P. Sauber  
Orland & Peggy Sayre  
Rebecca Schirtzinger  
Beverly Schumacher  
Gary M. & Kathy S.  
Schumacher  
John R. Shaw  
Reid B. Sinclair  
Mary Lee & Harry Snavely  
La Societe de Femme Cabane  
Locale #775  
Edie & E.H. Stanley  
Howard Stevens  
Sadie & Jim Strawser  
David & Joan Stroh  
Mary & Bradley Tabler  
Rod & Jean Thomas  
United Appeal for Athens  
County  
United Methodist Women,  
First United Methodist  
Church  
Don & Lydia Vollmer  
Joanna M. Weaver  
Carolyn Wemer  
R. Budd & Janet Kelsey Werner  
Gene & Elizabeth  
Westenbarger  
Crystal A. Wilson  
William Wrage

*In Memory of .....*

**Jennett B. Ackerman**  
Walter Ackerman  
**Ralph Barber**  
Phyllis Barber  
**Larry Blaker**  
Nancy Taylor Shepherd

**Harold F. Brown**  
Marcella J. Brown  
Norm & Emily Lowery

**Thomas Catalano**  
Margarette Catalano

**Donald Chambers**  
Joe & Billie Jo Essman

**Frederick Michael "Fred"  
Cluff**

Ken & Teri Kerr Family

**Elizabeth Susan Conant**  
Ken & Teri Kerr Family

**Viola Copeck**  
Friends of Laura's at Alden  
Library

**Joe Edward Dalton**  
Ken & Teri Kerr Family

**Mary L. Durnion**  
Mary L. Bernard

**Peg Felsing**  
Dean & Alvi McWilliams

**Wilma E. Foughty**  
Robert L. Foughty

**Addison A. Frey**  
Mary Louise Frey

**Jack Gardner & Larry  
Cheatham**  
Ida Mae Gardner

**William Glenn Goldsberry**  
Mr. & Mrs. L. Alan Goldsberry  
Evelyn F. Goldsberry

**Iona Groce**  
Dwight Groce

**Carl Gustavson**  
Caryl Gustavson

**Martin Luther Hecht, Jr.**  
Ken & Teri Kerr Family

**Oscar B. Heck**  
Wes & Alice Peterson

**John & Mary Krivesti**  
Mary Krivesti

**Leo T. Kruskamp**  
Kathy & Jim Riestenberg

**Allan M. Lackey**  
Mindy Bedrossian, Fred Dillon,  
David Edmonds, Kevin &  
Jean McCafferty,  
Margaret Raub Hunt, Sylvia  
Scanlon, Gerry Schreibman,  
Cathy Shambaugh &  
Bridget Whyte  
Financial Advisory Associates,  
Inc.  
Friends of Lunenburg Town Hall  
Louise Pullins  
Tom & Julia Roll, Ed &  
Diane Cox and Bradley &  
Glenna Cox  
Margaret & Alexander Topping

**Barbara Barrett Lacy**  
Robin Lacy

**Loder Lampela & Cis  
Deligianis**  
Anne Lampela

**Lee W. Marquis**  
Martha E. Marquis & Wilma  
Gabriel

**Richard McCune**  
Martha McCune

**Grace Mingus**  
Gerald Mingus

**Mary Miske**  
Richa V. Eland

**Betty Lou Moore**  
Martha E. Marquis & Wilma  
Gabriel

**Dallas & Myrtle Murphy**  
Mildred Murphy

**Jackie E. Murphy**  
Mary Katherine Murphy

**Barbara J. Papp**  
Caryl Gustavson

**Leonard Peach**  
Clara N. Peach

**Dorothy Hunter Ramsey**  
Helen G. Swaim

**Martin Regan**  
Marianne E. Weiss

**Our Mothers: Rosie, Olga,  
Peg & Irene**

Miriam F. Hart

**Charles R. Sloane**

Bette Sloane

**Charles J. Sludden, Sr.**

Charles J. Sludden, Jr.

**Ray Strickmaker**

Shirley Strickmaker

**Kermit VanNest**

Joe &amp; Dona Collins

**Helene C. Veirs**

Betty Hollow

**Mike Weiss**

Marianne E. Weiss

**John J. Whitcraft**

Esther L. Whitcraft

**Bernice White**

Linda &amp; Wendell White

**Carolyn Fuller Wickham**

Robert C. Wickham

**Evan James Winkenwerder**

Ken &amp; Teri Kerr Family

*In Honor of .....***Dr. & Mrs. Gifford Doxsee**

Rev. &amp; Mrs. Paul A. Johnson

**The Nurses of ACVNA**

Lester Marks &amp; Miriam Hart

**Dr. Edward A. Sprague**

Mary-Elizabeth Myers

Trimble Township VFW

Post 9866

United Appeal for Athens

County

*In Memory of .....***Paul Barrett, Sr.**

Hilma Barrett

**Mike & Verdelle Brozak**

Cassie Brozak &amp; Samantha

**Jane Cables**

Betty Hollow

**Clarissa Campbell**

Berry Dilley

Berry &amp; Jim Dilley and Eve

Campbell

Barbara Meyer

Mr. &amp; Mrs. Marvin E. White

**Pauline Knowlton Crabtree**

Donna L. Rowell

Emma Jean Tippet

United Seniors of Athens

County

Steve &amp; Kathy Wolfe

**John K. Cunningham**

Jill Cunningham Cottone

Jan &amp; Tom Hodson

**James Dean**

Allen &amp; Allen, Atty.'s at Law

Shirley A. Bennett

Ronald L. &amp; Calista Strickmaker

**Jack P. Eddy**

Virginia Eddy

**Barbara Geiger**

Ruth Bojanowski

Cheryl Lovett

Roger &amp; Sara Menchofer

Karla A. Mitchell

**Joe Geyer**

Noreen Hone

**Robert H. Hawlk**

Bill &amp; Joy Creighton

Ronald &amp; Patricia Grogan

and Family

Betty Hawlk

Mr. &amp; Mrs. Alfred Roth

Hazel Joyce Sarchet

Carl L. Savage

**L. Ambrose Howard**

Kenneth &amp; Janet Bell

Zelda Howard &amp; Family

**Alice & Llewellyn Kemmerle**

Edgar W. &amp; Shirley Whan

**George R. Klare**

Jim &amp; Marlene Bruning

Gifford B. Doxsee

Jean Drevenstedt

Patricia Grean

Dave &amp; Martha Johnson

Mr. &amp; Mrs. John M. Jones

Judy &amp; Dick McGinn

Keith &amp; Kathleen Morrow

Wes &amp; Alice Peterson

Milton &amp; Zella Ploghoft

Arthur &amp; Bonnie Savage

Gary M. &amp; Kathy S.

Schumacher

Marjorie S. Stone

Margaret &amp; Hal Taylor

**Samuel John Lee**

Lisa D. Welch

**Stella Lee**

Milena Miller

**Glenice Lenigar**

Mary M. Andrews

**Sheila M. Loudner**

Mary Loudner

**Stella Luich**

Milena Miller

**Naomi O'Brien**

Carlos L. &amp; Lureen Bailey

Larry D. Cline

Chad &amp; Sue Cooley

Barbara L. Howard

Warren L. &amp; Virginia Miller

**Helen O'Dea**

Nancy S. Beebe

**Gussie Reininga**

Phyllis F. Butner

Tom &amp; Vickie Davis

Lillian Mitchell

Warren &amp; Jean Wistendahl

**Charles N. Richardson**

Violet, Lois &amp; Don Richardson

**Thomas "Jack" Richardson**

Boyd Sidwell

**Candida P. Rinaldi**

Cecilia Rinaldi

**Nancy Savage**

Bob &amp; Sharon Horel

Carl L. Savage

**Ladonna Shumway**

Frank Shumway

**Bob & Marge Six**

Joe &amp; Billie Jo Essman

**Charles Thomas Souders**

Allied Mineral Products, Inc.

**Alvis R. Spearman**

Suzanne E. Thompson

**Catherine McQuaid Steiner**

Bruce E. Steiner

**Erma Stevens**

Robert &amp; Mary Ann Sympton

**Bertine Story**

Joe &amp; Dona Collins

**Jane & Ray Swartzback**

Inna K. Hays

**Calvin Graham Thayer**

Connie Thayer-Wolf

**Estell Vickers-Kulakowski**

Delena Vickers

**Clarence W. Watson, Sr.**

Iona V. Watson

**John J. Whitcraft**

Margaret Slate

**Margie Whyte**

James &amp; Sharon Stryker

Thomas M. Whyte

**Frances Word**

Mary Anne Flournoy

American Legion 40 et 8,  
Voiture 775

The Athens Lions Club

Mary Jane Black

Mildred Elswick

Logan Antique Mall

Wendy &amp; John McVicker

Cindy Porter

Rukmini Sastry

Duane Schneider

*Help Us Get  
in Touch!*

**ACVNAHHS donors  
and newsletter  
recipients, please  
share your  
e-mail address and  
help us save  
on postage costs!  
Visit our website  
at [www.acvna.org](http://www.acvna.org).**



## Donald L. Barrett, A Most Honorable Volunteer

You gotta' wonder what the City of Athens would be like today if it wasn't for Don Barrett. Barrett's tenure as mayor of the city from 1972 through 1983 saw the birth of some of Athens' most beloved institutions, such as the Athens Recreation Center, the HockHocking Adena Bikeway and the Athens Farmers' Market. Also established during Mayor Barrett's tenure was the Athens County Visiting Nurse Association, precursor of the present-day Appalachian Community Visiting Nurse Association, Hospice & Health Services. The agency thrived and grew during Barrett's tenure, in many ways owing to his active support, which has not flagged up to the present.

Barrett explains his strong support of the agency in terms of his mayoral responsibility to ensure that needed services were available to the community. During his early days in office, a need for locally based home health care was felt by many in the community, and various entities were looking into ways of providing it. Mayor Barrett met ACVNA co-founders Marnie Frey and Kathy Dansky through his service on the Sheltering Arms Hospital Board and felt their fledgling agency was well qualified to fill the need. Throughout his tenure as mayor and beyond, Barrett lent his support to the agency in many ways. From helping with special events to soliciting for fund drives to serving on the agency's advisory council, Barrett volunteered in whatever capacity, whenever asked. He has been a member of the ACVNAHHS Board of Trustees since 1996.

Barrett's relationship with ACVNAHHS is just one example of a deep, abiding, and active commitment to the healthy development of his community as well as a tenacious 'hands-on' manner of expressing that commitment. Don and his gracious

wife, Marjorie, came to Athens in 1965 following his service in the 8<sup>th</sup> Air Force in Europe and then 20 years in the Strategic Air Command. Here he commanded the Ohio University Air Force ROTC until he retired from the military as a full colonel in 1970.

Shortly after retirement, Barrett set his sites on city government and expressed an interest in running for city council. Urged by the local Democratic party, he ran instead for mayor. Despite a lack of experience in city government, largely dominated then by the opposing party, Barrett won the election that began one of the longest mayoral tenures in the city's history.

Barrett's military experience had prepared him for the post by instilling "a sensitivity to different points

of view and an ability to deal with all sorts of people." But he soon found out that the managerial style he had adopted from the military had to be scrapped for one more amenable to civil service. That accomplished, he set out to tackle his major objectives. One of these was to make city government more responsive to the community, while at the same time introducing city representation in state and national arenas. He became president of the Ohio Municipal League and headed the Mid-Ohio Valley Mayor's Association and also served in the National League of Cities.

Mayor Barrett held fast to two principles while in office, first, always to keep his door open and second, never to handle money. His open-door policy extended not only to community members but also to city employees at every level and sector. The key, he explains, is to "let them know you are mayor, but listen to their concerns." One of his most memorable kudos as mayor was earned while inspecting a Northside



Donald L. Barrett as Mayor in 1972 (above) and with his wife Marge and Marnie Frey, CEO for ACVNA. (left).



mudslide. After sinking knee-deep into a collapsing mudhole, Mayor Barrett rose

to an amused yet sympathetic round of applause from city workers at the site.

Another major objective Barrett brought to the mayor's office was to bring the town and university closer together. He remembers town-gown relations to be "deplorable" when he became mayor. In pursuit of an improved relationship, he collaborated with like-minded university president Vernon Alden, and found that, after his 12 years in office, the city had "changed its complexion and become a real university town."

Besides meeting the challenges of working with the community and city council or promoting the community and its interests to the university and throughout the state and the nation, Barrett could also be found tending the small garden space outside city hall. And not one to rest on his laurels after a successful career as mayor, Barrett went on to serve the community through work with a plethora of organizations, among them the Area Agency on Aging, United Seniors of Athens County, The Salvation Army, and the Highpoint Retirement Village Committee, which ushered The Lindley Inn and the Wyngate Condominiums into the area. He is an inductee in the Ohio Veterans Hall of Fame, based on service to the community after active duty, and in the Ohio Senior Citizens Hall of Fame for contributions toward the benefit of humankind after age 60 and a continuation of efforts begun before that age.

We at ACVNAHHS feel we are honored with the valuable support and continuing volunteerism of the truly Honorable Mayor Barrett, and also very lucky to be members of the community for which he has done so much.



Col. Donald Barrett with O.U. President Vern Alden, 1968.

(continued from page 2) *Retired Professional Women Co-Chair 2006 Fund Drive!!*

"We recognize the need for home health care and feel confident the community will support our fund drive."

Fund drive captains Marge Catalano, Judith Bergdahl, Rita Snider, Catherine Brown, Bill Baasel and Aileen Hall have a wealth of professional and volunteer

experience. All are longtime supporters of ACVNAHHS, while Bergdahl, Snider and Brown have worked the drive before. "We're old hands at this," says Rita Snider. "When you introduce the idea to donors, and tell them about clients the agency serves and types of services provided, they are glad to

participate. I am confident we will meet our \$40,000 goal."

Judith Bergdahl likes to remind current and prospective donors that their donations remain locally and are used to support direct patient care. "There are no wasteful expenditures with ACVNAHHS,"

comments Bergdahl. "Clients may return home quickly after hospitalization or, in the case of the terminally ill, are able to die peacefully in the comfort of their homes, surrounded by people, animals and things they love. What could be more important to our health and well being?"

The 2006 fund drive team began pre-solicitation of donors in March, with a public kickoff of the drive occurring on April 20. Ohio University students will be positioned at the campus gate, the ACVNA banner will hang over Court Street, and a media blast of information will herald a major request for contributions. Help support the oldest home health and hospice agency (24 years) in southeastern Ohio through your contribution! These gifts may be given in honor or memory of a loved one or for general support of home health and hospice care. For further information, contact members of the fund drive team, or the agency directly at 594-8226.



**APPALACHIAN COMMUNITY**  
Visiting Nurse Association,  
Hospice and Health Services, Inc.

February 20, 2006


Dear Friends,

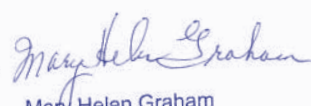
As we kick off our **2006 Annual Fund Drive** for Appalachian Community Visiting Nurse Association, Hospice, & Health Services (ACVNAHHS), we invite you to join us in support of this important community asset. As ACVNAHHS celebrates 24 years of providing home health and hospice services, we want to insure that this locally owned, locally managed, non-profit agency continues to thrive!


Our goal for the **2006 Fund Drive** is \$40,000. We have agreed to co-chair this drive as we have each had friends or family who have experienced quality home health or hospice care from ACVNAHHS. Fund drive contributions help provide home healthcare to everyone in our community, including those with limited resources. Your gifts also help support the agency when Medicare, Medicaid, Veterans and other third party sources are insufficient. Due to recent proposed reductions in state Medicaid funding and the rejection of a proposed 2.8% increase to Medicare funding, the agency's ability to continue to provide high quality home health care to everyone in our community is being compromised. These cutbacks will severely limit the agency's ability to provide skilled nursing and therapies to those elderly who now find themselves Medicaid eligible. ACVNAHHS needs your help!

ACVNAHHS wishes to thank you for your history of support. Your investment today is important to the future of ACVNAHHS as the oldest home health and hospice provider in this community! Your generous gift does not leave our area, but works to continue providing vital home health services to everyone in our community!

Yours truly,

  
Peg Black

  
Mary Helen Graham

  
Mary Anne Swardson

Visiting Nurse Association • 740-594-8226

Hospice • 740-592-3493  
30 Herrold Avenue, Athens, Ohio 45701  
Fax 740-594-4078 Toll Free 1-800-837-1112 www.acvna.org

Health Services • 740-594-4050

# Feel A Lot Better with Appalachian Visiting Nurses!

2006 Fund Drive Kickoff  
for Visiting Nurses and Hospice  
Thursday, April 20, 2006



The faces  
of some of  
the clients  
in our  
care.



Appalachian Community  
Visiting Nurse Association, Hospice  
and Health Services, Inc. (ACVNAHHS)  
30 Herrold Avenue, Athens, OH 45701  
740/594-8226  
[www.acvna.org](http://www.acvna.org)

## Your Support Helps To:

- Provide home health care to those with acute or chronic illness
- Help elderly, poor and disadvantaged receive health care in their homes
- Provide continuum of care for IV therapy and wounds from hospital to home
- Provide physical, occupational & speech therapies after stroke, illness or accident
- Provide hospice care to terminally ill patients

A contribution envelope is enclosed in this newsletter for your fund drive contribution. You may give in honor or memory of a loved one, a general gift to home health and hospice, or buy a brick for the gardens.

**Help Us Reach Our Fund Drive Goal with  
Your Gift or Pledge!!!!**



## Media Corner

ACVNAHHS hosts  
Live From Studio B on WOUB-AM every  
first Friday of the month at 12:30 p.m.

Listen to Appalachian Visiting Nurse  
and Hospice jingles on WATH, WAIS,  
WLGN and WMPO!